

GLBH 2101
International Health Elective

Course Title: International Health Elective

Course Number: GLBH 2101

Department: Office of Global Health

Faculty Coordinator: Mary Chang, MD.

Assistant Faculty Coordinator: Rasha Babikir, MBBS

Hospital: International locations of student interest.

Periods Offered: All Periods

Length: 4 weeks (minimum).

Minimum contact hours: 30 per week

Max # of Students: Open to all students

Prerequisites: *Completion of Core Clerkships*

I. Course Description

This rotation will serve as a clearinghouse for varied types of international health experiences to include formal clinical visiting clerkships or externships at an international university-affiliated program or similar experience under the guidance of a designated faculty member. This rotation will advance knowledge of global health issues through clinical service by facilitating a means for the student to:

1. Engage in preparation, participation, and reflection of an international health and medicine experience.
2. Increase one's cultural competency
3. Gain insight into health care disparities and the social determinants of health
4. Broaden clinical exposure and experience in the evaluation/management of diseases endemic in developing countries, but rarely encountered in the United States

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Course Goals & Objectives: To provide students with practice-oriented learning opportunities related to international health.	Assessment methods <i>(examples-explain how student will be evaluated)</i>
Patient Care: 1. Teach students to gather accurate and essential information in a system without modern technological equipment. 2. Enhance students' ability to make diagnostic plans for patients in a system of limited technology and financial resources 3. Teach students to recognize acute diseases that are rare in the United States 4. Teach students to develop management options for treatment of diseases rare in the United States. 5. Teach students to develop management options for treatment of diseases common in the United States but with limited resources.	1. <i>Quality of Medical Records entries.</i> 2. <i>Skills evaluation from direct observation.</i>
Medical knowledge: 1. Teach students about acute medical diseases in developing world countries. 2. Enhance students' ability to integrate and apply their basic science knowledge to these uncommon diseases. 3. Expose students through reading and clinical experience to parasite infestations and infectious diseases not usually seen in the USA.	<i>Case presentations</i>
Interpersonal and communication skills: 1. Expose the student to the challenges of cross-cultural communication in a multilingual context. 2. Guide students in forming healthy cross-cultural relationships. 3. Teach students the practical and ethical challenges of interpretation services in a clinical setting.	<i>Observations of faculty and staff</i>
Practice Based learning and Improvement: 1. Expose the students to the local patient population, helping them to observe how local health practices and superstition affect the patient. 2. Demonstrate to students how to analyze and improve the quality of hospital and clinic practice in a developing country with limited technological and financial resources.	<i>Observations of faculty and staff</i>

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Professionalism: 1. Demonstrate to the students a respect and compassion for each individual patient 2. Expose the students to the ethical dilemmas posed in an overseas clinic or hospital such as limited resources, needs of poor patients, a competitive local medical community, maintaining the ethos of the hospital or clinic practice 3. Demonstrate integrity in all aspects of medical practice.	<i>Observations of faculty and staff</i>
Systems-based practice: 1. Expose students to the various health care systems available in the international medical community 2. Expose the student to specific ways in which the specific hospital or clinic experienced relates to the health care community so far as consultants, referrals, and partnerships 3. Expose students to medical mission life and possible career in international health.	<i>1. Observations of faculty and staff 2. Reflection essay.</i>

III. Methods of Instruction:

- A. Didactic: Through attending daily and/or weekly grand rounds.
- B. Clinical: hospital rotations and clinic visits

IV. Overview of student responsibilities:

- Students must receive approval to complete an international rotation from a corresponding UTSW Department Official by completing and signing the Off-Campus Approval Form. Students must then receive approval from the Dean in the Office of Student Affairs.
- Students must submit GH applications for Global Health Student Affairs Committee (GHSAC) review and approval.
All trip applications should demonstrate that the specified program will strive to accomplish the above mentioned course goals and objectives.
- Students must complete pre- and post- trip requirements to receive a passing grade.

Pre-Departure Requirements:

- Students must complete a pre-departure orientation before the proposed travel date.
- Students must provide the Office of Global Health with signed and other requested pre-departure forms (including Release and Indemnification Agreement, Stipend Agreement, and proof of enrollment in International SOS) at least 3 weeks prior to travel.

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- Unless otherwise indicated, all materials should be emailed to Global.Health@UTSouthwestern.edu

Post-Travel Requirements:

Upon returning, all students must complete the following items *within 15 days* of completing the experience.

1. Online experience review in the UT Southwestern Global Health Data System.
2. Reflection essay:
Reflection Essay should address *at least one* of the following topics:
 - Discuss an example of cross-cultural differences that did (or could have) impeded patient care. How did this situation impact the patient/doctor relationship?
 - Discuss a catalyst that helped you discover your personal weaknesses and limitations.
 - What level of patient care you were able to provide compared with what is generally considered acceptable in the United States for medical students? Discuss these differences in terms of ethics.
 - How were communications issues between you and patients resolved? Was the level of care you were able to provide affected by language limitations?
 - One page minimum
 - Format: Word (.doc or .docx), double spaced, and 11 point Times New Roman font. ***Include your UT Southwestern approved logo, student name, course number, Name and address of the organization at which the rotation was completed and the dates of rotation in the header.***
 - Document must be saved as: ***“LastName_FirstName_CountryVisted_ Date of Rotation”*** (example: Smith_John_Haiti_02May2016.docx).
3. PowerPoint Presentation on two (2) medical or public health cases encountered in the host country. Students are responsible for contacting the Office of Global Health *within 15 days* of completing the experience to discuss the presentation logistics.
4. The International Senior Clinical Elective Student Evaluation Form must be submitted to the Office of Global Health *within 15days* of completing the experience. The form should be made available to the onsite preceptor at the beginning of the rotation.

Application Process:

Submit the following items at least **two months** before your anticipated departure date (**three months** for countries appearing on the State Department Travel Warning List*) for approval by the Global Health Student Advisory Committee.

1. A completed Application for Global Health Opportunities
 - Please note that students may be asked to submit additional supporting documents to provide the reviewing Committee with all the necessary information.

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Applications will be evaluated and approved by the course director of this elective along with the Global Health Student Advisory Committee.

- Features of prior successful applications include:
 - Meaningful preparation plan that is linked to the proposed experience
 - Completion of the Pre-clinical Global Health elective
 - Affiliation with formal UT Southwestern global partners
 - On-site supervision by UT Southwestern Faculty
 - Formal well-established programs with evidence of sustainability
 - Formal elective at a foreign medical school with a visiting medical student program
 - Proposal reviewed and endorsed by formal Faculty mentor
 - Evidence of sufficient interpreters or language competence
 - Safe environment

Students are encouraged to contact Rasha Babikir, MBBS for consultation and assistance in the application process.

***Travel to Countries on the U.S. State Department Travel Warning List**

Travel Warnings are issued when long-term, protracted conditions that make a country dangerous or unstable lead the State Department to recommend that Americans avoid or consider the risk of travel to that country. A Travel Warning is also issued when the U.S. Government's ability to assist American citizens is constrained due to the closure of an embassy or consulate or because of a drawdown of its staff. A list of these countries is available through the following link:

http://travel.state.gov/travel/cis_pa_tw/tw/tw_1764.html

Approval for travel to these countries on UT Southwestern sponsored or endorsed programs (with or without stipend funding) is not guaranteed and will require the submission of additional information and have a separate approval process. If you are planning travel to one of these countries, you should submit your application at least **three (3) months** before your planned travel and at least 8 weeks before you plan to buy plane tickets. You should also be aware that the **likelihood of approval is low.**

Application Deadlines:

The deadlines for **GLBH 2101- International Health Elective** are:

November 15: for all spring rotations

August 15: for all fall and winter rotations

April 15: for summer rotations (Periods 1 & 2)

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Early application submissions are encouraged for the benefit of the student; however, final funding decisions are not released on a rolling basis. Students will receive notifications within one month of the application deadline.

Funding:

Submitting an application for the **GLBH 2101- International Health Elective** will be considered a request for funding. All applications will be reviewed and funding provided to the most competitive proposals.

Funding – The Office of Global Health will cover the cost of an **economy-class round-trip flight** in place of providing a stipend directly to each student.

Conditions – Funding will only be awarded to students who are enrolled for the current academic year. Students on an approved leave of absence are not eligible to receive a stipend. Should a student not complete the specified requirements or fulfill the approved activities, the stipend must be repaid in full. Students will sign an agreement to this effect.

Logistics:

- 1. Transportation:*** Students must provide information in the application about the mode of transportation that will be used while travelling and in the host city.
- 2. Room and Board:*** Students must provide detailed information in the application about housing and accommodation while abroad.

UT Southwestern does not approve Airbnb lodging for students travelling abroad.

IV. Method of evaluation of students and requirements:

Evaluation based on completion of pre and post-travel requirements listed above.
Grade is Pass/Fail.