

Course: Day Treatment in Child Psychiatry PSY 2107 (PSY 1433)

Department: Psychiatry

Faculty Coordinator: Lisa Ruiz, M.D. (Lisa.Ruiz@UTSouthwestern.edu)

Elective Coordinator: Katie Elder (214) 648-7304 (Katie.Elder@UTSouthwestern.edu)

Hospital: Children's Medical Center

Periods offered: All

Length: 1 or more months, 30 contact hours/week

Max no of students: 1

First Day Contact: Lisa Ruiz, M.D.

First Day Time: 8:20 a.m.

First Day Place: Day Chase Bank Bldg, 9th Floor, 6300 Harry Hines Blvd., Dallas, TX 75235

PREREQUISITES:

- 1. Successful completion of a Clerkship rotation in Psychiatry**
- 2. Client Management Training required before the first day of the elective.**
- 3. Non- UT Southwestern students are required to have completed all the above before the first day of the elective.**

I. Course Description: The purpose of Day Treatment Program is to help children, adolescents and their families function better at home, at school, and in their community. This is done in a structured therapeutic day environment. The program functions as a "step down" unit from the inpatient or residential level of care and as a "step-up" from outpatient services when symptoms do not require twenty-four hour a day care.

II. Overall Goals: During this elective, the student will:

1. Care for children with psychiatric disorders at a sub-intern level.
2. Perform skills related to the management of child psychiatric disorders
3. Develop an understanding of the applications of ethics in a child psychiatric setting.
4. Demonstrate professional behavior
5. Obtain data from families, teachers, and other nonphysicians when evaluating psychological symptoms in children

III. Overall Objectives: Patient

Assessment

1. Obtain essential and accurate histories
2. Discuss the appropriate indication for medical tests.
3. Demonstrate appropriate interpretation of medical data.
4. Develop a differential diagnosis for patients seen
5. Discuss association risks of medications and nonpharmacologic components of management of children with psychiatric disorders

Patient Care

1. State the indications for assessment in children and list common tests in a psychometric evaluation
2. Treat patients with a caring and respectful manner
3. Is able to elicit remarkable findings during examination
4. Screen for suicide risk in children and adolescents with significant psychological symptoms
5. Take on 1-2 patients in a supervised role, becoming experts in their history presentation.

Medical Knowledge

1. Discuss the evaluation of children and adolescents at different developmental stages
2. Recognize the clinical findings that might suggest a general medical cause for neuropsychiatric symptoms
3. Identify signs and symptoms of child sexual and physical abuse and discuss sequelae
4. Compare and contrast the clinical features of mood disorders in children with that of adults

Interpersonal Skills

1. Demonstrate the ability to communicate effectively with patient/family using good interpersonal skills
2. Recognize and utilize non-verbal behavior to promote communication
3. Establish rapport with patients
4. Make organized, logical oral presentation to peers and supervisors

Practice Based Learning and Improvement

Demonstrate:

1. Ability to prepare organized, legible and timely write-ups and reports
2. Appropriate use of educational resources for self-directed learning
3. Knowledge of available on-line medical information
4. Do one 25 minute presentation on a topic related to one of your patients unit education.

Professionalism

1. Demonstrate the ability and willingness to accept responsibility
2. Is punctual, fulfills obligations and assignments in a timely manner

IV. Methods of instruction:

A) Didactic (schedule, topic, faculty)

The following meet weekly:

- 1 Case conference
- 2 Inservice meetings

B) Clinical (schedule, faculty teaching, housestaff teaching)

Weekly meeting with course coordinator, Team meetings with attending (Kardex) Other team meetings (report, staff group), Opportunity to attend activities off unit with children to observe children in other settings.

Consult rounds (twice per week), Observe therapy (group, family, individual) C) Student responsibilities (and to whom accountable) Rounds with child psychiatry resident, Write intake and progress notes Meet individually with children on a team and develop skills in interacting with them, There is no assigned evening or weekend call

V. Method of evaluation of students: Will be based on clinical skills demonstrated in variety of situations. Pass/Fail based on performance